	Item	Antarctica	Status	Notes
Packing - 2 bags, 50	lbs each			
<u> </u>				
Bags				
Main Backpack	Osprey Exos 48	S	Have	
Packable Pack	CAMP Ghost	S	Have	Find at REI
Duffle	Patagonia Black Hole Bag 90L	S	Have	
Feet				
Trail Runners	Salomon XA Pro 3d Ultra II GTX	S	Have	Need new ones before Antarctica
Boots	Salomon Quest 4D GTX	S	Have	
Running Shoes			Remove	
Flippy Floppies	Sanuk	S	Have	
Trail Runner Socks	Darn Tough	S	Have	
Trail Runner Socks	Darn Tough	S	Have	
Trail Runner Socks	Darn Tough	S	Have	
Running Socks			Remove	
Dress Socks	Smartwool	S	Have	
Boot Socks	Darn Tough Tactical Boot Sock	S	Have	
Boot Socks	Darn Tough Tactical Boot Sock	S	Have	
Boot Socks	Darn Tough hike	S	Have	
Boot Socks	Darn Tough hike	S	Have	
Sock Liners			Remove	
Sock Liners			Remove	
Slippers	REI Down Booties	S	Have	
Dress shoes	Timberland	S	Have	Shop in NYC
Climbing Shoes			Remove	
Kitchen Shoes			Remove	

Toiletries				
Deodorant	Tom's Unscented	S	Have	
Toothpaste	Cresst	S	Have	
Toothbrush		S	Have	
Floss		S	Have	
Contact Lens Case		S	Have	
Contact Lenses		S	Have	
Contact Lens Solution	n	S	Have	
Prescription Drugs		S	Have	
Nail Clipper		S	Have	
Sunblock		S	Have	
Lip Balm		S	Have	
Ibuprofen		S	Have	
Soap		S	Have	
Shampoo			Remove	Remove
Razor Blades		S	Have	
Hand Sanitizer		S	Have	
Cologne	Terre D Hermes	S	Have	Buy duty free on way to israel
Upper Body				
Shell	Arc'Teryx Beta LT	S	Have	
Lightweight Shell	Patagonia M10	S	Have	
Synthetic Poofy	Arc'Teryx Atom LT	S	Have	
Down Poof Jacket	Betabrand Space Jacket	S	Have	
Down Poof Coat	Black Diamond Cold Forge Hoodie	S	Have	BD/Patagonia?
Softshell	Carhart ECW		ECW	BD/Patagonia?
Sweater 1	Smartwool Light 1/4 zip blue	S	Have	
Sweater 2	Patagonia R1 Black	S	Have	Shop at Patagonia
Sweater 3	Burton Snowboard Hoodie	S	Have	
Button Down Shirt	Betabrand Dark Blue	S	Have	Betabrand?
Button Down Shirt	Uniqlo Check	S	Have	Betabrand?
Button Down Shirt	J.Crew	S	Have	

Tshirt 1	Golite Wool	S	Have	BD?
Tshirt 2	Betabrand	S	Have	Icebreaker? Ibex?
Tshirt 3	Ibex Wool Grey	S	Have	McMurdo
Tshirt 4	Billabong Salmon	S	Have	NZ
Polo Shirt	Ibex Blue	S	Have	Ibex? Icebreaker? BD?
Long sleeve base	Patagonia Merino 1 Henley Black	S	Have	
Long sleeve base	Patagonia Merino 1 Henley Striped	S	Have	
Long sleeve base	Uniqlo Heattech Striped Crew Black	S	Have	
Long sleeve base	Uniqlo Heattech Striped Crew Purple	S	Have	
Tie	Theory Grey	S	Have	Replace with JCrew Grey
Кірра	Knit	S	Have	
Lower Body				
Shell	Patagonia Torrentshell Pants	S	Have	
Shell			Remove	ECW
Insuation	Patagonia R1 Pants	S	Have	
Base	Icebreaker 3/4 length wool bottoms	S	Have	
Base	Uniqlo Heattech Long Underwear Green	S	Have	Grey
Base	Uniqlo Heattech Long Underwear Grey	S	Have	Green
Jeans	Betabrand	x	Ordered	Betabrand?
Nice Pants	AG Protege Black		Remove	
Adventure Pants	Black Diamond Rock Jeans	S	Have	
Shop Pants	Patagonia Shop Pants	S	Have	Replace with Carhart Black Work p
PJ Pants	Betabrand Vagisoft	S	Remove	
Shorts	Prana Linear Shorts	S	Have	
Underwear	MeUndies	S	Have	
Underwear	MeUndies	S	Have	
Underwear	MeUndies	S	Have	
Underwear	MeUndies	S	Have	
Underwear	Uniqlo Heattech Boxerbriefs	S	Have	
Underwear	Uniqlo Heattech Boxerbriefs	S	Have	

Underwear	Uniqlo Heattech Boxerbriefs	S	Have	
Underwear	Uniqlo Heattech Boxerbriefs	S	Have	
Belt	Filson, Black	S	Have	
Crazy Socks	Betabrand Sock Socks	S	Have	
Hands				
Work Gloves	Mechanix/BD?		ECW	
Liner Gloves	Black Diamond Rope	S	Have	
Fleece Gloves	180 deg	S	Have	
Outer Gloves	Black Diamond Guide	S	Have	
BSI		S	Have	
Head				
Running Hat		S	Have	
Light Wool Had	Smartwool hat	S	Have	
Wind Hat			Remove	
Thick wool hat	Subaru Promo	S	Have	
Sun hat	OR Desert Runner Hat w/ Shroud	S	Have	
Sunglasses	Zeal	S	Have	
Sunglasses	Ray Ban	S	Have	
Goggles	Smith I/O 7	S	Have	Apply for Zeal pro
Eyeglasses	Prescription	S	Have	
Neck gaiter	Grey Icebreaker	S	Have	
Sunglasses Nosegua	Duct Tape	S	Have	
Scarf	RRL	S	Have	
Neck Gaiter	ALE	S	Have	
Facemask	Serius	S		
Gear				
Towel	MSR Packtowel Ultralight XL	S	Have	Green
Towel	MSR Packtowel Ultralight XL	S	Have	
Alarm Clock	iPhone 6	S	Have	
Luggage Lock	Master	S	Have	

Sewing Kit	Patagonia Expedition Sewing Kit	S	Have	Patagonia
Tupperware	Nalgene screw top bowl	S	Have	Moosejaw?
Waterbottle	Nalgene South Pole	S	Have	
Thermos	HydroFlask.com	S	Have	
Ziploc bags	Hefty Freezer	S	Have	
Laptop	Macbook Air 2011	S	Have	
Laptop Power Adapte	Apple	S	Have	Trade with Mom
NZ Apple Plug		S	Have	
EU Apple Plug		S	Have	
US Apple Plug		S	Have	
Laptop Case	Acme Made	S	Have	
Speaker	UE Boom	S	Have	
HDD	WD 2tb		Remove	
Headlamp	BD ReVolt Rechargable	S	Have	
Battery Charger			Remove	
Handheld Flashlight	Nitecore MH2C		Remove	
Watch	Suunto Core Black	S	Have	
Paracord	Titan Mil-C-5040-H, Type III	S	Have	
Gaitors	Black Diamond Talus	S	Have	
Little Duct Tapes		S	Have	
First Aid Kit	Helenbac NOLS WFR	S	Have	
Survival Kit	Doug Ritter PSP Plus	S	Have	
PLB	ACR ResQLink	S	Have	Need to research
Peru Mountain Hat			Remove	
Bandanna	Blue	S	Have	
Travelbug Dog Tag			Remove	
Mug	Primus Insulated		Remove	
Passport		S	Have	
Oscillococcinum		S	Have	
Green Pouch		S	Have	
Black Pouch		S	Have	
Orange Pouch		S	Have	

Door Stop			Remove	
Waterphone Pouch	Seattle Sports		Remove	
Headphone Accessor	Apple Inear	S	Have	
MicroHDMI>HDMI	Cable		Remove	
USB Extension	Amazon Basics	S	Have	
Headphones	Apple in ear	S	Have	
Headphones	Apple in ear	S	Have	
USB Micro SD Adapt	Kingston	S	Have	
Micro SDXC Card	64gb - In Gopro	S	Have	
Micro SDXC Card	64gb - in Macbook	S	Have	
USB>MicroUSB	3In	S	Have	
USB>MicroUSB	6in	S	Have	
MicroUSB>Lightening	Adapter	S	Have	
USB>MiniUSB	GoPro	S	Have	
Apple USB>Lightening	g Cable	S	Have	
Earplugs	Custom	S	Have	
Keychain Light	Photon		Remove	
Keychain Knife	Swisstech Utilikey	S	Have	
Pen	Fisher AG7	S	Have	
Lighter	Bic	S	Have	
Power Splitter			Remove	
Power Grounding Ada	pter		Remove	
Euro Power Adapter		S	Have	
NZ/AU Power Adapter	r	S	Have	
Small Notebook	Patagonia Rite in the Rain	S	Have	
1/2 Page Plastic Folio		S	Have	Office Max
Stuff Sack Compressi	Small Grey	S	Have	
Stuff Sack Compressi	Small Blue	S	Have	
Stuff Sack REI Ultralig	ht Large	S	Have	
Stuff Sack Small Ultra	light	S	Have	
Chico Bag	Black, Small		Remove	
Chico Bag	Yellow, Medium		Remove	

Yellow Whistle	Fox40 Micro	S	Have
Woolite Packets	x8		Remove
Moosejaw Flag	Red		Remove
Turkish Pouch			Remove
Battery CR2032	x2		Remove
Shoe Laces	Orange		Remove
USB Adapter	Apple - Euro	S	Have
USB Adapter	Apple - US	S	Have
Bluetooth Headset	Plantronics M165	S	Have
Bluetooth Headset Ea	Plantronics M165 Replacement Earpad	S	Have
Coffee Filter	GSI Collapsible		Remove
3.5mm patch cable	24in	S	Have
Business Cards	Box	S	Have
Card Case	Muji	S	Have
Sleeping Bag	Sea to Summit Micro MC2	S	Have
Water Purification Ta	Khatadan	S	Have
PLB Case	ACR	S	Have
Gear Floatie	Foam	S	Have
Passport Wallet		S	Have
Backup Battery	Panasonic Card, Jumpr Slate 10k, Jumpr Stac	S	Have
Sharpie			Remove
Eye Mask		S	Have
Leatherman	Leatherman Charge tti w/ Bit Kit and Clip	S	Have
Thunderbolt>Ethernet	Apple	S	Have
Wrist GPS	Garmin Forerunner 310XT	S	Have
Writs Gps Strap		S	Have
Wrist GPS Charger		S	Have
Locking Carabiner	REI	S	Have
Mechanical Pencil	Zebra	S	Have
Grease Pencil	US GOVERNMENT stamped	S	Have
Emergency Biby	SOL Emergency Bivy	S	Have
Emergency Blankets	Pack of 3	S	Have

Keychain Biners	2x	S	Have
Solar Panel	Enerplex	S	Have
Camera Gear	0	0	
Mini Tripod	Gorillapod Micro 250	S	Have
P&S Case	Timbuk2 Medium Stash	S	Have
SLR	Canon 5dmk2		Remove
SLR Lens	Canon EOS 24-70mm f/2.8L		Remove
SLR Battery	NB5L		Remove
SLR Battery	NB5L		Remove
CF Card	32gb		Remove
SLR Battery Charger	Canon LCE6		Remove
CF Card	16gb		Remove
SLR Case	Lowe Alpine Case		Remove
SLR Tripod	Benro Carbon Flber	S	Have
P&S Battery	Sony NP-BX1	S	Have
P&S Battery	Sony NP-BX1	S	Have
P&S Battery	Sony NP-BX1	S	Have
P&S Battery	Sony NP-BX1	S	Have
P&S Camera	Sony RX-100m3	S	Have
P&S Camera Backup	Sony RX-100m2	S	Have
SD Card	Sandisk Extreme Pro 64gb	S	Have
SD Card	Sandisk Extreme 32gb	S	Have
SD Card	Sandisk Extreme 16gb	S	Have
Action Camera	Gopro Hero4 Silver	S	Have

Action Camera Acc	Various Accessories	S	Have	
iPhone Tripod Adapte	Joby Grip Tight	S	Have	
	Steve's Packs Jerusalem	S	Have	
Lapel Mic	Sony Stereo	S	Have	
iPhone Mic splitter ada	apter	S	Have	
Mic Foam Windscreer	1	S	Have	
Gorillapod		S	Have	
GoPro Battery	Wasbi		Remove	
Gopro Headstrap		S	Have	
Gopro case	Microfiber drawstring bag	S	Have	
Gopro lenscap		S	Have	
Adventure Camera	Nikon AW120	S	Have	
Camera Gear				
Peanut Butter	Justin's	S	Have	
Disco Pants	Betabrand Purple	S	Have	
Soft Hoodie	Betabrand Vagisoft	S	Have	